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## Castle Craggs State Park Rock Climbing Mount Shasta, California



Castle Craggs is one of the most spectacular rock-climbing spots in Northern California. The crags are in a remote part of the state park, surrounded by old-growth forests and towering granite cliffs. There are over 200 routes at Castle Craggs, many offering stunning views of Mount Shasta and the surrounding area. The best time to climb at Castle Craggs is spring and fall when the weather is milder. However, the summer can be very hot, so be prepared with plenty of water and sunscreen. The climbing at Castle Craggs State Park is primarily trad, meaning you'll need to bring your gear and anchors. The rock is a mixture of solid granite and softer sandstone. There are many variations in difficulty depending on your chosen route, but most climbs will be rated between 5.5 and 5.10c. SWS Mountain Guides offer only full-day guided climbing in Castle Craggs due to the approach to the Craggs can be one and a half to two hours. Local ½ day rock climbing is available at a local crag near our Mount Shasta Office.

### **Scheduled Rock Climbing include:**

Full Day Guided Rock Climbing: 6-8 hrs. -- see website for dates & prices - [californiarockguides.com](http://californiarockguides.com)

Rock Climbing ½ Day: Available at a local Crag near our Mount Shasta Office - Call for details

### **Instructional Courses:**

Full Day - 6-8 Hrs. -- Minimum 2 people

See website for dates & prices - [californiarockguides.com](http://californiarockguides.com)

- Learning to Lead - Designed to learn both sport leading and traditional lead climbing
- Gym to Crag - Transition from indoor climbing to outdoor climbing
- Self-Rescue for Rock Climbers
- Introduction to Aid Climbing

### **Some Classic Guided Castle Crag Rock Climb**

- Six Toe Crack 5.8
- Cosmic Wall II 5.6
- Plumline IV 5.10a